



The TIGER

February 5, 2015

Volume 109 | Issue 7

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Clemson professors awarded grant for suicide prevention

Suicide statistics in the US:

There is an average of
94 completed suicides
every day.

There are more than
1,000
suicides on
college campuses
per year.

SUICIDE is the
11th leading
cause of
death
across all ages.

1 attempts
suicide
every
person **38**
seconds

The work will focus on raising awareness, education and training.

Kelsey Morgan
News Editor

Clemson associate professor of psychology, Heidi Zinzow and research professor Martie Thompson received a grant of over \$300,000 that they plan to use to enhance suicide prevention programs. Clemson University is a member of the eighth cohort to receive this grant.

The grant is the Garret Lee Smith Campus Suicide Prevention Grant and was awarded by the Substance Abuse and Mental Health Service Administration.

This grant will focus on prevention strategies as well as increasing education and furthering campus resources to help those struggling with depression and suicidal thoughts.

Zinzow said, "A big piece of the grant is going to be to implement what we call 'gatekeeper training.' This will entail training key

faculty, staff, students and personnel in how to identify the warning signs of suicides and how to properly refer someone for services. The goal is for gatekeepers to

1,000 suicides occur each year on college campuses.

Amy Milsom, coordinator for School and Clinical Mental Health Counseling Programs



Heidi Zinzow and Martie Thompson are collaborating on this project.

be present throughout the campus in order to intervene quickly for students in need."

According to research conducted by Emory University, suicide is the 11th leading cause of death across all ages and the third leading cause of death among ages 15-24 with more than

here at Clemson, said of the prevalence of suicide on college campuses, "College can be stressful for many individuals — increased responsibility, new relationships, pressure to succeed or to balance school and work and friends. For individuals who have difficulty coping, and when

people don't have a strong support system, stress can be overwhelming and they make unhealthy choices."

Students, like freshman health science major Hannah Elsam who learned about leading causes of death in a health class, were already aware that suicide is such a prevalent issue, but she said she doesn't feel that the school has done an adequate job addressing the topic.

"At my high school ... there were certain organizations for it, and I feel like, if we have those, they aren't out there in the college community."

However, students like sophomore bioengineering and political science double major Joey Wilson said he had no idea that suicide numbers were so high and called the number appalling. Wilson also said he feels that student government efforts have been doing well in regards to addressing the topic of suicide, but

See **SUICIDE** page A2

Mopeds will not be banned from SC roads

Jordan Byrne
Asst. News Editor

A bill banning mopeds in South Carolina has sputtered to a complete stop. The bill, sponsored by S.C. Reps. David Hiott and G. Murrell Smith Jr., proposed a complete ban on the operation of mopeds on South Carolina public roads.

The proposed change aimed to amend Section 56-1-1720, the section that currently allows citizens of legal age and licensing to drive mopeds. Driving a moped would become a misdemeanor punishable by a \$25 fine.

Rep. David Hiott said that he knew the bill wouldn't pass as an out and out ban, but proposed the legislation simply to get the conversation started.

"I knew that wasn't going to happen. I was just trying to get the discussion started so we could do something about them," Hiott said. "I mean we've all had some type of incident with them where either they were in front of us holding up the traffic or they were on a road where they didn't belong or they didn't have the proper lighting or you ran up on them at night or something like that. We've all had run ins with them and my bill mainly was just to get the conversation started to do something about it."

Rep. Smith, the second co-sponsor, was unavailable for direct comment but his Legislative Aid, Mrs. Irby

Schultz, echoed Hiott's statement on the concerns of safety.

"In one semester alone, the moped had paid for itself through the money I saved on gas," said Marcus Sigmon, a junior studying electrical engineering. Sigmon went on to note that not only would college students be inconvenienced, but that mopeds serve as a reliable form of transportation for a number of underprivileged residents of South Carolina.

"If you ban mopeds, a lot of South Carolina's under privileged residents are going to have to resort to walking to work in the parts of the state where there is no public transportation. So why not just revise the law to make mopeds more visible on the roadways or make people more aware of mopeds? The issue at hand is the accessibility of public transportation statewide, not the banning of mopeds," said Sigmon.

While the bill proposed in January is now dead, there is still ongoing discussion related to the safety of mopeds. As Rep. Hiott notes, "They're not going to ban them totally but they're going to do something whether it be require them to wear some type of reflective vest or helmet or a light on the vehicle. But the discussion is still going on."



Michael Fosberg shared his story of self-discovery.

CHECK OUT OUR ARTICLE ON THE
#IAMCLEMSON PROJECT
ON **WWW.THETIGERNEWS.COM**

Photo courtesy of Clemson University

Parking remains a problem on campus

Caroline Marwede
Staff Writer

In theory, having a car on campus sounds like a great idea. The ability to run errands when needed or get to class from an off-campus apartment is something most students would appreciate. However, Clemson Parking and Transportation Services is notorious for being on top of enforcing parking regulations. Parking on Clemson's campus can be a risky task, and there are strict rules that if followed closely, can allow for a successful parking experience.

Clemson's parking tickets can range anywhere between \$20 for violating a meter time limit to \$1,122 for a habitual violator parking with an invalid permit for disability access and

getting towed. Cheryl Hayes, the associate director of finance and administration for Clemson Parking Services reported, "The annual citation revenue from June of 2013 to July of 2014 was \$802,805, which accounted for 17 percent of Parking Services revenue." The other 83 percent of revenue comes from permit sales, parking meters and towing expenses. The total number of citations and warnings during June of 2013 to July of 2014 was 34,706.

Some students like Melissa McCool, avoid parking in Clemson's campus altogether. "I opted out of bringing my car to school because it is more of a hassle than a convenience. Not only I would have to park it a fifteen-minute walk from where I live on campus, but I would take the risk of getting ticketed each

time I use it."

When students find themselves zipping around packed parking lots as the start of class gets closer, feelings of anxiety and anger toward Clemson's parking system often arise. Cayce Helderman, Senior Sports Communications major has experienced frustration with Clemson's parking system.

Helderman said, "I have driven around for 45 minutes or longer, looking for a parking spot and have missed class because of this."

Even though parking on Clemson's campus can be challenging, there are ways to avoid the stress.

Dan Hoffman, the director of Clemson Parking and Transportation Services, explains, "The perception is that there are not enough

parking spaces, but the reality is that you just need to know where the spaces are."

To aid students, faculty and visitors with this issue Parking Services is expanding on an existing parking phone app. Currently, drivers can download the app "Parker" which offers turn-by-turn voice navigation to open parking spaces on campus. This allows for a less stressful parking experience, and helps people get to where they need to be on time.

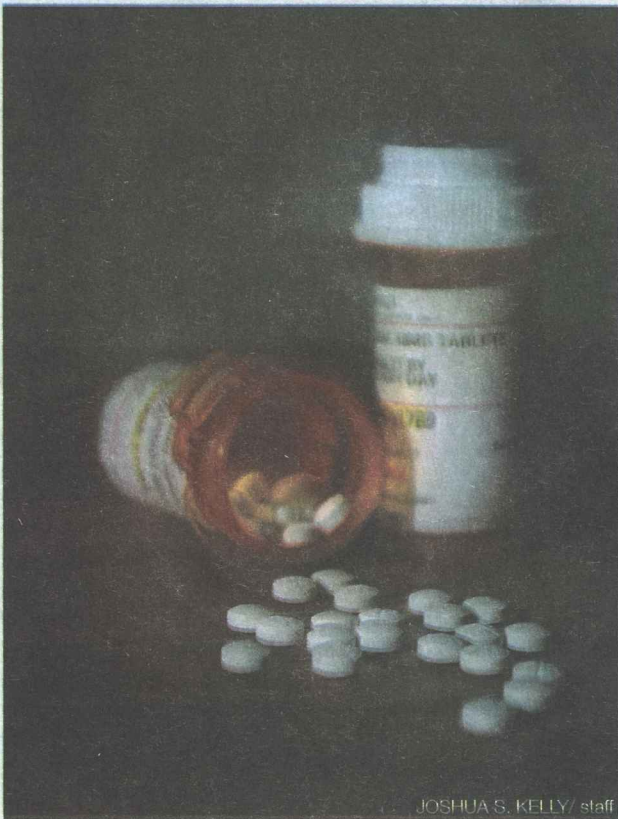
Ali Gray DeLoache acclimated from living on campus to driving to campus.

She said, "I leave my house at least thirty minutes early to ensure that I get to class on time."

By planning ahead, DeLoache is able to take her

See **PARKING** page A2

Tigra scientifica: Studies indicate potential new antidepressant medication



Many turn to medication to treat the effects of depression.

Researchers work to create a patentable form of ketamine.

DuPree Townsend Contributor

Over 8 percent of Americans currently experience depression and 11 percent of Americans take antidepressants, as reported by the Centers for Disease Control and Prevention.

In an effort to help their patients cope with depression and anxiety, mental health clinicians are becoming increasingly interested in a certain party drug, ketamine. Sara Reardon from Nature reports that ketamine, more commonly known as Special K, is being considered as a possible treatment for depression, bipolar disorder and a deterrent for suicidal behavior.

Why ketamine, you ask? Conventional antidepressants generally take a couple weeks to start working, while ketamine can lift depression in as little as two hours. Carlos Zarate of the US National Institute of Mental Health (NIMH) found that ketamine had an anti-suicidal effect, regardless of whether a person is clinically depressed. This raises new questions on distinctions between suicidal behavior and depression.

"It blew the doors off what we thought we knew about depression treatment," says psychiatrist James Murrough at Mount Sinai Hospital in New York City.

Common antidepressants target the brain's serotonin and/or noradrenaline pathways, but ketamine acts on the NMDA receptor of the glutamate pathway, which is involved in memory and cognition. Before these studies, it was not known

that the glutamate pathway was involved in depression.

With therapeutic doses of ketamine, the patient experiences a dissociative, out-of-body sensation that lasts less than an hour. At higher doses, recreational users may experience a "K-hole"-a deeply disoriented state accompanied by vivid hallucinations.

Pharmaceutical companies are now racing to develop patentable forms of the drug, especially forms without hallucinogenic effects. However, there are an increasing number of clinicians prescribing ketamine off-label for their patients, despite concerns from colleagues that there is little known about ketamine's long-term effects.

Psychiatrist Kyle Lapidus at Stony Brook University in New York confesses that he already prescribes ketamine off-label for some patients, and guesses that there are dozens of physicians who do the same across the country.

"The excitement over ketamine shows how badly new depression drugs are needed," says Thomas Insel, director of the NIMH.

With its rapid effects, people who have just attempted suicide may be treated with ketamine and released within days or hours instead of being committed to institutions for weeks of treatment. Current research appears promising for the antidepressant effects of ketamine, and with future studies, perhaps a non-hallucinogenic form may finally be available for Americans in desperate need of help.

Clemson organization to hold 24 hour fundraising event

Pi Kappa Phi fraternity will host the first annual Pedals for Pi Kappa to benefit Clemson Outdoor Lab.

Galen Hamrick Contributor

This year marks the first annual iteration of Pedals for Pi Kappa, a nationally recognized 24-hour philanthropy event being hosted by the brothers of Pi Kappa Phi here at Clemson. Slated to begin at 7 p.m. Friday evening and conclude at 7 p.m. on Saturday, this function will be held near the downtown Clemson police station, just past El Jimador Bites.

Designed in the spirit of a bike-a-thon, this event will feature members of Pi Kappa Phi and other Clemson fraternities and sororities riding stationary bikes in support of local children and adults with learning, developmental or intellectual disabilities. Students and members of the public are encouraged to come downtown at any point during the bike-a-thon and spectate or even

participate if they wish.

This charity engagement is part of a wide network of similar events coordinated by Pi Kappa Phi's national board that take place at universities across the country. Each is intended to raise awareness concerning the prevalence of developmental disabilities in the local community, as well as raise money to help fund programs created for disabled children and adults.

Drayton Reeley, the philanthropy chair for Pi Kappa, says, "Our efforts support Clemson Outdoor Lab, which hosts summer and weekend camps for disabled persons, including members of the university's own ClemsonLIFE program."

The Outdoor Lab, located on the shore of Lake Hartwell, is a nationally recognized asset of the university and is accredited by the American Camp Association. The facility's arrangement with Pedals for Pi Kappa ensures that it

receives 25 percent off all proceeds from the event, which Reeley hopes will amount to a substantial sum.

"Our current goal is \$5,000, and we're already pretty close to that mark," he says. When asked how the fraternity has achieved such success, Reeley replies, "We've written letters seeking help from local businesses, gotten parents involved and tried to drum up support from other students involved in Greek life." However, he goes on to admit that efforts to reach out to non-Greek students have been subpar.

The brothers of Pi Kappa Phi do not take their philanthropy efforts lightly, and high expectations were set for each member to contribute to the project.

According to chapter brother Baxter Morgan, "We were each responsible for establishing a fundraising goal, raising support from

other fraternities and sororities, and volunteering to participate in the bike-a-thon itself."

On a personal level, Morgan's efforts seem to have met with resounding success, as he proudly states, "I recruited several volunteers to ride the bikes and more than doubled my initial financial goal."

Should all of the Pi Kappa brothers involved have this much luck, then the 1st Annual Pedals for Pi Kappa will become a remarkable charitable achievement, particularly for its benefactors, surely encouraging future efforts.

"That's the goal," remarks Reeley, adding, "My own struggles with learning difficulties have caused me to feel a deeply personal connection to [disabled children], and to be able to pass on the opportunities that I've had to them is the most rewarding experience I could ask for."

SUICIDE from page A1

that university could be doing more.

He said, "The administration as a whole really hasn't addressed it and hasn't addressed the issue of CAPS facilities not being adequate ... I feel that I know the resources that are out there, however, I know that last semester the wait for getting services from CAPS was a very long time."

Wilson said though he knows the waiting list numbers have significantly decreased, the large numbers were discouraging.

He said, "Knowing that there were 200 people on the waiting list would kind of discourage me from seeking that out."

When asked what he thinks of the work the professors are doing, Wilson said, "I think that's fantastic ... as Clemson professors I hope that they would seek out not only the ability to

hire more counselors, but also to put more information out there and maybe even host a suicide awareness week on campus ... We need to definitely work to support all of our Tigers, and get our Clemson family to help people feel well."

Zinzow said that she and Thompson are hoping to link up with student organizations that have similar goals, and there is something about this project that excites her.

She said, "I think that I am most excited about really integrating our existing resources on campus. I'm constantly learning about other student organizations that have similar goals and just don't know about each other. So I think that if we can integrate these efforts we could, as a group, accomplish a lot more. And we already have so much energy on this campus working towards

similar goals that we could really do something impactful if we all come together. It's really great to have students involved and I've enjoyed that part because they offer different perspectives on suicide prevention strategies."

Zinzow said her hope for the initiative is that Clemson may be a model for future cohorts of the grant.

Milsom encourages students to not ignore the warning signs of suicide.

She said, "When you notice your friends acting differently than what is typical for them, consider asking how they are doing, pointing out that you are concerned, letting them know you're there if they want to talk. Encourage them to seek help if relevant - don't be afraid they will get mad at you for butting in."

PARKING from page A1

car to campus and still get to where she needs to be in a timely manner.

Another way to avoid the stress of not being able to find a parking spot before class is to opt for other more "green" forms of transportation. Some of these include the Cat Bus, Clemson Carpool, Tiger Transit and Enterprise Car Share. Not only are these options better for the environment, but they also allow you to take advantage of special parking spaces that are reserved for eco-friendly vehicles.

According to Clemson Parking Services' website, "parking at Clemson compares favorably with most cities and universities because destinations are within a ten minute walk or bus ride and parking fees are reasonable." Parking here in Clemson may seem like a pain, but new ideas and initiatives are in the works to make the lives of drivers easier every day.

CLEMSON
OLYMPIC SPORTS UPDATE

SATURDAY FEB. 7TH

MEN'S TENNIS
HOKE SLOAN TENNIS CENTER

CLEMSON vs GARDNER-WEBB
// 9:00AM //

COME ENJOY A FREE BREAKFAST WHILE YOU CHEER ON THE TIGERS!

CLEMSON vs MERCER
// 1:00PM //

CLEMSON vs WOFFORD
// 6:00PM //

DON'T MISS A SPECIAL GIVEAWAY FOR THE FIRST 75 TIGER FANS!

SATURDAY FEB. 7TH

DIVING
11:00AM // McHUGH NATATORIUM (FIKE)
SENIOR DAY // SPECIAL GIVEAWAY
vs COLLEGE OF CHARLESTON & DAVIDSON

FOR A COMPLETE SCHEDULE OF ATHLETIC EVENTS VISIT
CLEMSONTIGERS.COM

ALL HOME EVENTS ARE FREE WITH A VALID CLEMSON STUDENT ID

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Correction:

From the Feb. 3 issue of The Tiger, the letter to the editor beginning "The public life and work of Dr. Martin Luther King, Jr. ..." was written by G. Miller Thompson and the letter beginning "As a strong supporter of the First Amendment ..." was written by Bryan Denham.

LIVING WITH DEPRESSION

5 SIGNS

SOMEONE YOU KNOW IS SUICIDAL:

- 1.) Sudden **withdrawal** from friends
- 2.) Talking about being a **burden** to others
- 3.) Visiting or calling friends to say **goodbye**
- 4.) Making comments about being **hopeless** or worthless
- 5.) Making **arrangements** or putting affairs in order

5 THINGS YOU CAN DO IF SOMEONE YOU KNOW IS SUICIDAL:

- 1.) Take them **seriously**
- 2.) Offer **support**
- 3.) **Encourage** contact with a mental health professional
- 4.) Encourage continued **therapy/antidepressants**
- 5.) In cases of **emergency**, call 911 or accompany them to the nearest emergency room

TO THE EDITOR:

Letter

Dear Editor,

Since last semester, there has been an ongoing campaign against the supposedly racist culture of our University. In response to a private party that occurred off-campus, these activists decided to march to Sikes Hall to present a list of demands to the administration. These demands included calls to change the names of buildings and the implementation of "diversity training". However, while much has been said and debated about a proposed change to Tillman Hall, I find the other demands to be far more troubling in their ambitions.

The first demand is particularly disturbing, as it calls for the criminal prosecution of speech that is considered offensive. It seems to be a measure more suited to the totalitarian regimes of the 20th Century than for a free nation. Under the First Amendment, freedom of speech is held to be an inviolable right of each individual. It is absolutely non-negotiable. All men are free to determine what they believe with regard to the fundamental questions of religious belief and political persuasion. All men have the right to freely

express their opinions on every matter, including even the most controversial questions regarding politics and religion, without fear of punishment or prosecution. Furthermore, the right of people to peacefully protest, as the protestors here have done, is fully protected by the First Amendment.

The First Amendment was intentionally created to protect speech that is unpopular and offensive, and countless Supreme Court decisions have reaffirmed the protection of such speech. After all, no one ever tries to restrict noncontroversial speech. It is only controversial speech that easily offended agitators seek to silence. Therefore, we allow despicable groups that advocate racial superiority to exist and express their views. We allow those who consider America to be an evil nation to speak and have their opinions. We will speak against them at every turn, knowing that ultimately truth will win in the battle of ideas.

One need not agree with offensive speech, but the right of people to express even the most unpopular opinions must be protected by those who cherish freedom and

William Turton
Political Science '17

UNDERSTANDING THE DISEASE

Rowan Lynam
Outlook Editor

Living with depression is like living beneath the surface. The pressure of living every day is like water on top of you, and it makes it so hard to find the strength to breathe. It's like trying to claw your way back up to air, seeing your loved ones just out of reach, and feeling the drag of a current pulling you back. It's like finally breaking the surface, just to learn that there is no air here either — and you have to go below again.

Depression is so much more than just "feeling sad," and in the wake of deaths on campus and the concerted efforts by faculty and staff to create suicide prevention programs, it's something I want to talk about.

I've been living with major clinical depression for years now, a mood disorder characterized by despondency, loss of interest and the persistent feelings of sadness, anxiety and emptiness. MCD can lead to changes in thinking and behavior that can ultimately lead one to feel life is devoid of meaning. The emotionless

weight you carry with you feels like so much more than you can handle — and why should you bother going on if life is always going to feel like this?

Because depression is most often a life-long mental illness, living with it can often feel like an uphill battle with no end in sight. But that's not really the truth.

With the current campus climate, I'm here to tell you that your emotions and your problems are valid. And that you aren't weak for seeking help, or even needed medication to make your life more fulfilled. Depression isn't just "feeling low," it's a chemical imbalance in the brain, and sometimes medications are needed to fix this imbalance. Needing therapy, a support system or medication is not something to be ashamed of.

When I began my senior year of high school, I finally began experimenting with forms of therapy (cognitive and dialectical) and firmly sought help for the first time in my life. I started a talk-therapy program through the state that focused on

meditative techniques and "mindfulness," a Buddhist principle that placed heavy focus on being aware of your own emotions and taking steps to become present in your life again. When I found that several months of this wasn't making a big enough impact on my view of life, I started medication.

And it's helping.

My depression isn't gone, and it probably won't ever be gone, but my ability to function from day to day and take control of my moods has grown exponentially. I don't feel so hopeless or alone, and I certainly don't feel like my life is not worth living. I'm growing as a person, as a person with a mental illness, and it's not defining who I am. I am not ashamed to have depression or to have gotten help. It's because of the steps I've taken that I am finally a whole human being — almost a different person.

You don't have to be afraid to get help or talk to someone. It's the first step in a long process of recovery — one that takes work and time, but is so so worth it.

US Suicide Hotline: 1-800-273-8255 • Self-Injury Support: 1-800-366-8288 • Suicide Crisis Line: 1-800-999-9999

AMERICAN SNIPER, AMERICAN HERO?

Savannah Mzingo
Columnist

"I can imagine." We hear this from friends who are comforting us after a rough day. Our classmates say this when comparing stress levels. Your parents might have said this to you when you came to them upset and looking for advice. Within the sphere of day-to-day activities, we really can empathize. We've all been there, felt that. But not many of us know what it's like to be a soldier or know what it feels like to stand up for those back at home who talk spitefully against our actions from the safety of their own homes, safety that every soldier created for them. No, when it comes to the lives of soldiers and the decisions they make, the majority of

us can NOT imagine. We certainly have the ability to pass judgment, but we simply do not have the right. Yet many veterans come back home to face stigma regarding substance abuse as a coping mechanism. It's a stereotype that needs to be broken and I believe that was Clint Eastwood's only intention when directing "American Sniper." Other interpretations of pro-war violence and Muslim communities can only be the result of serious misreading on the audience's part.

It wasn't long after "American Sniper" hit theatres that criticism about its "pro-war" violence started flooding the reviews. They read it as a film that had picked the wrong champion, a man lauded for his deadly abilities. Tweets referring to "ragheads," "vermin scum"

and hatred of Muslims that reverberated on social media since the film's opening would appear to support those critics' concern.

But if we think this film incited the posts' violence, we're wrong. There was already a pre-existing problem in this country that has one side foaming at the mouth with anger and then those who condone any sort of violent reaction for a variety of political or religious beliefs. These opinions existed on their own before anyone saw the film. People who see "American Sniper" are then going to view it through whatever shade of glasses they already have on. That can't be helped but the error needs to be pointed out. Eastwood isn't making a political statement; he's raising a humanist concern.

COUNTERPOINT

Remy Barnwell
Senior Staff Writer

"I can't imagine." These are words we hear from someone comforting us after we have undergone an unimaginable tragedy. There are times when you can't empathize because you have never been there. You can't empathize because to imagine yourself in their place is too painful. You can't empathize because the experiences are so bizarre and specialized that only a select few ever go through them. I can't imagine what it would be like to be in the military. I can't imagine what it would be like to have to fire a gun each day at living, breathing people that are labeled "the enemy."

While these are things I can't imagine, Garrett

Reppenhagen can. Garrett Reppenhagen is a veteran from the Iraqi war. Garrett Reppenhagen was a sniper. It is Garrett Reppenhagen that said, "As a sniper I was not usually the victim of a traumatic event, but the perpetrator of violence and death. My actions in combat would have been more acceptable to me if I could cloak myself in the belief that the whole mission was for a greater good. Instead, I watched as the purpose of the mission slowly unraveled." The movie "American Sniper," no doubt, glorifies the spoils of war. Bradley Cooper is no doubt "the hero" and the Iraqis, no matter how young, are "the villains." Wouldn't it be nice if we lived in a world so black and white? Well, we don't.

The way the movie portrays the Iraqi people: men, women, and children is toxic. At one point in the movie, a child is shot from a rooftop because he is aiding terrorist activity and the distribution of weapons of mass destruction. Every person of Middle Eastern descent in the movie is portrayed as dangerous, as a terrorist or as an aid to terrorists. Garrett Reppenhagen said himself, "During my combat tour I never saw the Iraqis as 'savages.' They were a friendly culture who believed in hospitality..." None of this is portrayed or seems to have been considered in the production of this movie. This movie is nothing more than pro-war, anti-Muslim propaganda legitimized by Clint Eastwood's name.

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Letters to the Editor can be submitted to editor.thetigernews@gmail.com. Letters shall be no longer than 400 words and will run at the discretion of the Editor in Chief.

Tiger Rants

How do we have over \$300 million for construction, but we can't make basic classroom updates?

I picked a bad week to quit smoking.

Why am I still being ignored by all the hotties on campus?

I just got a hole in my last pair of leggings...

There is wine in my coffee cup.

So hungover from the other night that I had to leave class.

Why can't my legs shave themselves?

Why is Hendrix food court always out of sweet tea?

Treat. Yo. Self.



KNOWING YOUR TIGERS:

BEHIND THE BALL WITH

JARON BLOSSOMGAME

QUICK FACTS:

NAME: JARON BLOSSOMGAME

HOMETOWN: AUGUSTA, GEORGIA

POSITION/NUMBER: FORWARD/#5

FAVORITE PLACE ON CAMPUS: AMPHITHEATRE

FAVORITE PLACE DOWNTOWN: 356

FAVORITE CLEMSON TRADITION: SOLID ORANGE

INTERVIEW BY: RACHEL EAGLETON

PHOTOGRAPH BY: JOSHUA S. KELLY

After shooting hoops with Jaron Blossomgame for a couple of minutes, it was easy to get the feeling that I had been friends with him for a long time. Easy-going, positive and quick to crack jokes, Blossomgame is a great guy to be around. To get a more in-depth look at this Clemson Basketball forward, take a look behind the ball with Jaron Blossomgame.

Rachel Eagleton: Describe yourself without talking about basketball.

Jaron Blossomgame: Smart, energetic, very positive, outgoing. That's about it.

RE: What motivates you to play basketball every day?

JB: I just love the game. I've been playing ever since I was 5 years old. My brother taught me how to play basketball at a young age, and ever since then I've been playing and I got really good in high school so I just kind of stuck with it the whole time. In the front yard, that's where it started.

RE: What is the biggest thing you've learned from Coach Brownell?

JB: I've learned a lot from him, actually. This year he's really been teaching me how to drive the ball to pass. Earlier in the season, I would drive and throw up a crazy shot without seeing the next pass or the next guy that's open; he sat down with me in film two weeks ago and I've really

learned a lot off of seeing the next pass behind me or seeing the pass to the big guy down low or the cross court pass to the guy in the corner. That's something I've really struggled with coming in, passing the ball, but I feel like the past two years he's really stuck with me and helped me on passing and dribbling; those are the main two things.

RE: What's the biggest thing you've learned from your teammates?

JB: Jordan [Roper] is probably my best friend on the team, and throughout my injury, he's been telling me to stay positive and that I'm going to be ok. I came here injured and then I had surgery to fix my leg and I was kind of down about that, but he stayed positive with me and kept my spirits up on the whole situation.

RE: How did your injury help you grow as a person and as a player?

JB: It taught me that I have to be patient in life. It took a

whole year to recover from it. It was supposed to be only a six-month recovery, but I had some complications with it. I had to stay patient with it and get another surgery and stay positive. Stuff like that can really get people down or think that you're not going to be the same, but I didn't think that way. I just always believed in myself. I had a good support group and a lot of the coaches really helped me out and told me I would be ok. And the trainer, I was with him countless hours of the day, he was really positive and tried to enforce the fact that I would be ok.

RE: What is a moment that changed your life?

JB: Obviously the injury. I was in my senior year of high school and I'm working out, preparing for college, and I go up to dunk and my leg snaps in half. My bone is sticking out of my leg, so at that moment, I thought 'where's my life going to go? Will they pull my scholarship? Will I be able to play basketball or even walk again?' I'm sitting there staring at my leg and my bone is sticking out of my skin and a lot of questions are going through my head. That was definitely life changing for me.

RE: What about something not in basketball?

JB: My parents split up when I was a lot younger, and I spent a lot of time with my mom. That was kind of tough for me, not being able to see my dad as much. Things are a lot better with my family now; they talk every day, and my family is really close to each other. I have an older brother and a younger sister and we talk pretty much every day. Whenever I ask them to come up to my games, they'll come up because I don't live that far away from here.

RE: How do you think the team has stepped up in the absence of KJ McDaniels this year?

JB: I think early on we struggled a little bit. We dropped some games early in the season like Gardner-Webb and Winthrop, but we were a team still learning how to play and trying to find our identity. A lot of guys didn't know what their roles were and we just couldn't figure out how to win games and win the games that we needed to win. As the season progressed, Coach did a good job of letting the guys know that we're a good team and we got some really good wins under our belt and just staying positive with us. We

are a good team, and we've won some good games, and he's shown that we can be a really good team, and guys are starting to believe that now. We're starting to click now; we've won the past three games in the ACC, tough conference play. We've just got to stay positive with each other. It's a long season and a lot can happen in these last ten games, and we've just got to believe in each other.

RE: Who do you think has stepped up the most?

JB: Rod Hall has always been our leader; he was here last year when we had KJ. I think Landry [Nnoko] has done a good job of leading the team. This summer, he did a good job of keeping guys together, organizing pick-up and making sure guys were coming in to shoot and stuff like that. Personally, I see Landry as one of the top leaders on the team behind Rod. He's very vocal; he's always positive and he wants the best out of guys at any moment.

RE: What are your expectations for yourself and the team in the future?

JB: For myself, moving forward, I just want to keep being consistent like I have been all season, and keep

doing what I have to do to help my team win, and be a positive role model for a lot of my younger teammates. A lot of the guys look up to me as someone they can talk to about certain things on the court and off the court. I just want to be that guy that guys can come and talk to and be productive on the court and big brother off the court. For my team, I obviously just want to keep winning. We're playing pretty good basketball right now, and I feel like we're becoming a really dangerous team with all the weapons we have. Keep winning, keep playing smart, don't lose focus, don't get complacent just because we're winning right now, because we have a lot more games left. Guys have to stay grounded and humble.

RE: If you could tell the Clemson Family one thing, what would it be?

JB: Come to more of our home games. We have like no fan support at home; it's crazy. We go on the road and every road game is packed out. I like playing on the road just because of that. We have a lot of faithful fans, and I see a lot of the same faces at every game, but it would be nice to have a couple of games where the whole thing's packed out.

Volleyball head coach resigns after 22 seasons

Hoover was winningest head coach of a women's sports program in Clemson history.

Elaine Day
Sports Editor

The athletic department lost a familiar face on Tuesday, as volleyball Head Coach Jolene Jordan Hoover announced her resignation from the program. In a remarkable 22 seasons with the team, Hoover had a 452-259 record, making her both the winningest coach in Clemson volleyball history as well as the all-time winningest head coach of all women's sports programs in Clemson history.

Many of those 452 wins were notable, as all eight of Clemson volleyball's NCAA Tournament appearances as well as both of the Tigers' ACC Tournament

victories, in 1997 and 2007, were during Hoover's tenure as head coach. She also coached the Tigers to regular season ACC title in 1999.

"I would like to thank Bobby Robinson and Dwight Rainey for giving me the opportunity to coach at Clemson 22 years ago," Hoover said. "It has been my privilege and honor to represent Clemson University and the volleyball program. I have been very fortunate to have worked alongside so many wonderful people within our program and within our department and university. I am very proud of what we have built and achieved over these 22 years. Thank you to all the

players, coaches, support staff and fans who have been a part of our program. I wish the volleyball program and the athletic department continued success. Most importantly, thank you to my family, Dave, Hayley and Carley. Coaching takes a lot of energy and time away from home, and I couldn't have been in this position without their support."

Hoover's success is also noted on the conference level, as her 452 total wins and 224 ACC wins rank second all-time among ACC Coaches. She also ranks in the top 10 in ACC history in her conference win percentage, which was .574 over her 22 seasons (224-166). Further, she was

named ACC Coach of the Year in 1994 and 2007.

"Jolene did an excellent job building our volleyball program over 22 seasons, and she had tremendous success leading student-athletes both on the court and in the classroom," Athletic Director Dan Radakovich said.

The success in the classroom continued through her final season as head coach, as the volleyball team was one of nine Clemson athletic squads to post above a 3.0 GPA in the fall of 2014.

The search for a new volleyball coach has already started, but in the meantime, assistant coach and recruiting coordinator Ari Smith will serve as interim head coach.



Coach Hoover watches a match from the sidelines.

NATIONAL SIGNING DAY

OFFENSE: 10 TOTAL SIGNEES

QUARTERBACKS

KELLY BRYANT
TUCKER ISRAEL

WIDE RECEIVERS

SHADELL BELL
DEON CAIN
RAY RAY MCCLOUD

OFFENSIVE LINE

JAKE FRUHMORGEN
ZACH GIELLA
NOAH GREEN
MITCH HYATT

TIGHT END

GARRETT WILLIAMS

Clemson signing class of 2015 ranked fourth in the nation, according to ESPN.com and Rivals.com.

DEFENSE: 16 TOTAL SIGNEES

DEFENSIVE BACKS

KALEB CHALMERS
MARK FIELDS
TANNER MUSE
VAN SMITH
AMIR TRAPP

DEFENSIVE LINE

AUSTIN BRYANT
GAGE CERVENKA
LASAMUEL DAVIS
CLELIN FERRELL
ALBERT HUGGINS
STERLING JOHNSON
CHRISTIAN WILKINS

LINEBACKERS

J.D. DAVIS
JUDAH DAVIS
CHAD SMITH
JALEN WILLIAMS

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—HEAD COACH DABO SWINNEY

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- Activities at night for staff

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- Summer internship and college credits



Interviewers will be on campus at the Clemson University Campfest on Thursday, February 12th in the Hendrix Center, from 11:00 am to 3:00 pm.

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LET'S GET FRIENDLY

HOW TO FORCE PEOPLE TO LIKE YOU

Stu Pennebaker
Asst. TimeOut Editor

The first exam week of the semester is upon us, and if you still haven't made any friends in your classes you probably have a sinking feeling of desperation. Who are you going to study with? Who's going to let you copy the notes you missed that morning you had a "stomach bug?" Who's going to motivate and impart their wisdom and complain about how hard life is and cry in the library with you? Who is going to let you borrow a pencil?!

If you aren't panicking, you probably are now. Good. You should be worried, you anti-social weirdo (I can only say that because I'm the same way). Fortunately for you and I both, it isn't too late. It's going to take some work, but it's definitely not impossible. Here's how:

DON'T GO TO CLASS

Seriously! It works. Skip the first class of the week, and at the next one, ask someone if they made it to the class you missed. Ask to borrow their notes. Smile a lot. Say thank you a million times, then ask if they've done the homework/ studied/written the paper. When they say no (and pray they say no) ask if he or she would like to do homework/ study/write the paper with you. If you're lucky, they already have a friend or two in the class and your study

group can grow. If you're unlucky, they didn't go to class either and you can bond over being slackers.

BE BAD AT MATH

Please, for the love of all that is good and holy, do not play dumb. Don't do it. That is a desperate and pathetic move. However, it is okay to embrace your weaknesses. If you're really bad at, for example, math, look for the person who seems as close to tears as you are and empathize with them. Empathy is a great way to make friends, and when you study together you won't feel like the underdog. Or, if you're feeling brave, pick out the 4.0 physics major and ask for some help. Everyone's bad at something and better at something else — maybe you could offer to tutor the math genius in Spanish, or vice versa. Recognizing that every person in your class, including you, is an imperfect human being is the key to making a friend or two.

TARGET THE WEAK ONES

Is there a certain someone in your class who never picks their head up off the desk? Who never turns in homework? Who always stumbles in a few minutes late? Offer to help them out. Ask if they need to borrow your notes or if they want to do their

homework in Cooper with you. This might not be the most beneficial person to befriend, but a friend who's a slacker is better than no friends at all. Just maybe not for that group project that counts as 50 percent of your grade.

THE LAST CLASS

Your last class of the day is the easiest one to make friends in. The pressure's on — another day has gone by, and if it's still friendless you might be feeling a bit nervous. However, everyone's always in a better mood in the later classes because it's almost the end of the day. Strike up a conversation with someone who seems happy. When it's time to pack it up and hit the road, ask if they want to grab lunch in Schillerer or a coffee from Starbucks.

YOHTCO

You Only Have This Class Once. It's the academic version of YOLO. In other words, why do you care? There's a good chance you are not going to see any of these people after this class, so at least try to chat up a classmate or two. The worst that could happen is that you encounter a little bit of awkwardness but the cost of an awkward moment is way less than the cost of not having a friend to suffer through class with. Get out there!

PEOPLE OF CLEMSON

Compiled by Kim Warren, contributor

If you don't follow Humans of New York on Instagram or Facebook, you need to. The picture-quote combo acts as a window into the lives of a diverse range of New Yorkers, forming a vision of a city that is both gritty and vibrant. Clemson may not be the urban hub of creativity, art and ingenuity that is New York, but our city is home to thousands of fascinating people, each with their own story. Thanks to Kim Warren, we Tigers have a chance to read some of these stories and meet some of these people.



“My oldest brother has been in the army for several years now. He turned into the man that I never thought he would be. He's not a statistic. He doesn't do drugs, and doesn't have a record, and he has done positive things with his life. He has two kids that are bilingual. Looking at him stepping up and being the person he is makes me want to go for it. If he can do it, I can do it.”

Brittany has been working at Harcombe for three years now.



I WANT YOU TO WRITE FOR TIMEOUT

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CAMPUS CATWALK

Photos and Content by Sana Azami, Senior Staff Writer

While we may have escaped the great snowpocolypse, winter has officially touched down in Clemson. In the first tide of exams, some will throw in the towel and succumb to the universally collegiate uniform of gym/sleep wear and a swish of mascara (*ahem, me*); others will go out of their way to, well, sparkle.

Meet Ms. Margaret Chase, a freshman communications major from Columbia who loves her glimmer. She started off with grounded, neutral pieces: a dark shirtdress, grey toggle buttoned jacket, navy hose and caramel colored boots. But even earthy tones can be readily livened up with the right accessories. Take Margaret's tassel necklace as an example. It both elongates her petite frame and grounds her outfit. She then follows through with the gold theme in her chunky chain bracelet and the furnishings on her little yellow bag. This ensemble topped off with a ready raspberry-glossed grin and a shimmery red mani make for the perfect winter outfit.



GOLD IN THE COLD

Name: Margaret Chase
Year: Freshman
Major: Communications
From: Columbia, SC
Currently: Meeting up with folks from DC

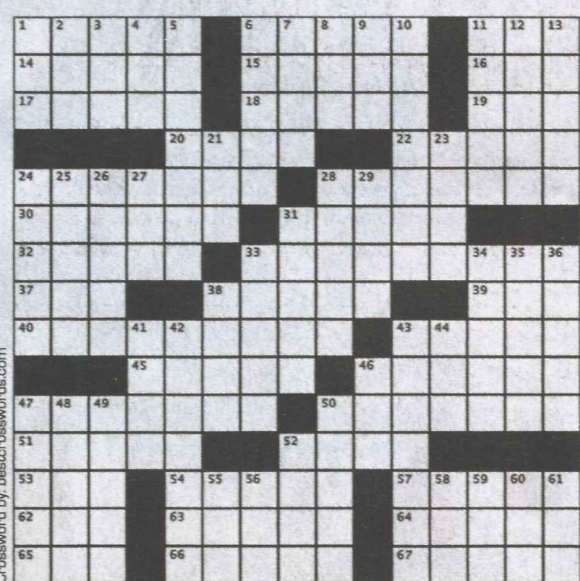


Shoes: Ann Taylor Loft
Purse: TJ Maxx
Jacket: Old Navy
Dress: Gap
Necklace: Versona



Pasatiempos

CROSSWORD



Across

1- All together;
6- For ____ (cheap);
11- Make lace;
14- Pave over;
15- Norwegian name of Norway;
16- Pay stub;
17- Desert bloomers;
18- Transport vehicle;
19- Blemish;
20- Minn. neighbor;
22- Pitchers;
24- Small loudspeaker;
28- Japanese dish of raw fish;
30- Decorative ivy;
31- Secret organization;
32- Humorous;
33- Dodges;
37- Hot time in Paris;
38- Attorney follower;
39- Mai ____;
40- Will;
43- Indian term of respect;
45- Glisten;
46- Religious dissent;
47- Underwater missile;
50- Used in a rite of purification;
51- Mrs. Gorbachev;

52- Ages and ages;
53- Off-road wheels, for short;
54- Grimy;
57- English architect Jones;
62- Friend of Fidel;
63- ____ can of worms;
64- Transpire;
65- Cornerstone abbr.;
66- ____ point: where it all becomes clear;
67- Boisterous;

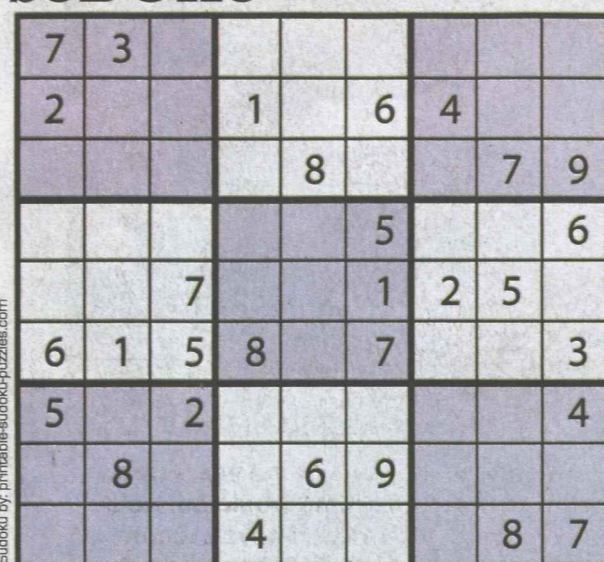
Down

1- Rainbow shape;
2- Large body of water;
3- Non-Rx;
4- Writer Hentoff;
5- Controversial;
6- Menachem's 1978 co-Nobel;
7- Drench;
8- Assn.;
9- Vietnam's ____ Dinh Diem;
10- First book of the Bible;
11- Marisa of "My Cousin Vinny";
12- What you put on snooze;
13- Foot bones;

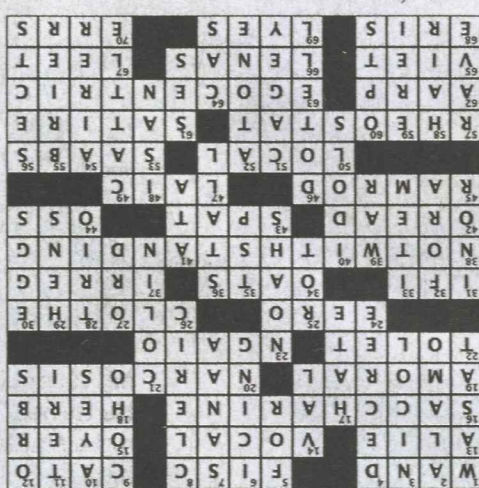
21- Narc's employer;
23- Come again;
24- Be silent, musically;
25- Penned;
26- Chair designer Charles;
27- New Haven collegian;
28- Begin's co-Nobel;
29- Not many;
31- Pool's creator;
33- Dictation taker;
34- Early anesthetic;
35- Monetary unit of India;
36- Fortune-teller;
38- Surrounded by;
41- Cookbook amts.;
42- Leading;
43- Official sitting;
44- Singer Garfunkel;
46- Attila, e.g.;
47- Hint;
48- Vows;
49- Metal pin;
50- Faithful;
52- Sicilian volcano;
55- Wall St. debut;
56- VCR button;
58- Cpl., for one;
59- Henri's here;
60- Astronaut Grissom;
61- Kid of jazz;

SUDOKU

Skill Level: ♦♦♦♦♦♦



ANSWERS from last week



HOROSCOPES



AQUARIUS

Jan. 20 – Feb. 19

Mars is moving into your solar house, making you feel creative and confident. This is the week to take on a huge project, such as learning how to read tarot cards.



PISCES

Feb. 20 – March 20

The moon is crossing your emotional angle. A few minutes of meditation are perfect for keeping your calm.



ARIES

March 21 – April 20

Mercury is moving out of retrograde, causing you to feel less chaotic and stressed. Take a deep breath of positive vibes, and begin to tackle that huge to-do list.



TAURUS

April 21 – May 20

Your constellation is mid-shift this week. Expect new opportunities to arise.



GEMINI

May 21 – June 21

There's an awkward space between your constellations which might make you feel aggressive. Let this energy empower you, but don't let it overwhelm your kindness.



CANCER

June 22 – July 22

Saturn is out of balance this week. A kale smoothie will be perfect comfort food for the stress and anxiety.



LEO

July 23 – Aug. 23

A shooting star in your lunar house will spark your love life – just in time for Valentine's Day.



VIRGO

Aug. 24 – Sept. 22

A perfectly aligned constellation will make you feel clear-eyed and active in the next 48 to 62 hours. Take advantage of this balance, and participate in a yoga class.



LIBRA

Sept. 23 – Oct. 23

Your star sign is out of harmony with the rest of the universe. Tomorrow will be a good day to stay in and let your chakras realign.



SCORPIO

Oct. 24 – Nov. 21

Jupiter is shifting into your constellation, creating happy vibes. Let your joy be contagious, and spread your positive energies.



SAGITTARIUS

Nov. 22 – Dec. 21

Neptune is out of orbit. You are bound to feel clumsy and off-kilter this week. Avoid DIY nose piercings or candle making.



CAPRICORN

Dec. 22 – Jan. 19

The moon is causing an especially strong pull on the tides, making you feel particularly free. Embrace this by playing hooky or enjoying a night out.

Horoscopes by: TimeOut Staff

Roommate troubles?
Relationship problems?
Tossing & turning?
Losing sleep over the
chaos that is your life?

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- Lakecrest
- Crawford Mills

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- Village Green
- Heritage Place
- Crawford Falls

- Daniel Square
- Riverbank Commons
- University Place
- College Heights
- Pineherst

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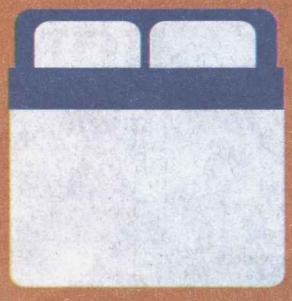
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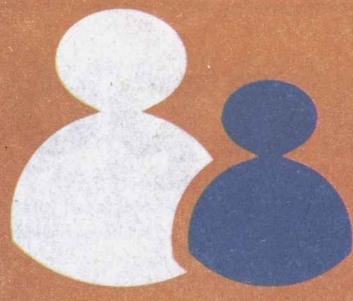
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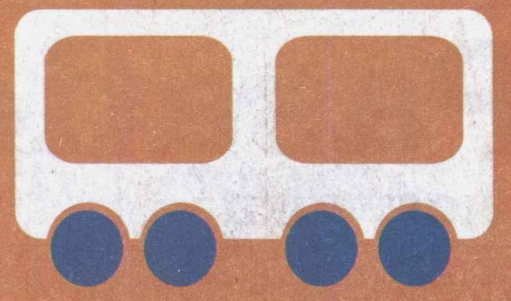
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