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National Swim for Health Week

Strom Thurmond

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A PROCLAMATION
(National Swim for Health Week)

WHEREAS, one of the most important undertakings of post-war America is the betterment and increase in the status of the nation's health, and

WHEREAS, the physical well being and health of the generation now in being is of vital importance to the welfare of the nation, and

WHEREAS, swimming and related aquatic sports rank high among the athletic activities conducive to the building of strong bodies, and

WHEREAS, swimming is not only a source of beneficial exercise but of real pleasure and relaxation, and

WHEREAS, the proper supervision and regulation of this sport increases its benefits and reduces the few hazards associated with it,

THEREFORE, I, J. Strom Thurmond, by the power vested in me as Governor of South Carolina do hereby proclaim June 23-28 as "National Swim for Health Week," and urge all citizens, civic organizations and educational institutions to give their attention to this worthwhile athletic and recreational activity.

Given unto my hand and seal this 9th day of April, in the year of our Lord, nineteen hundred and forty-seven.

J. STROM THURMOND, GOVERNOR