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Hyperbole and a Half: Unfortunate Situations, Flawed Coping Mechanisms, Mayhem, and Other Things that Happened

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“Because my identity is based on so many things that aren’t true, it doesn’t have a build-in fact-checking mechanism, and sometimes discrepancies arise.” – page 342

Brosh, Allie. *Hyperbole and a Half: Unfortunate Situations, Flawed Coping Mechanisms, Mayhem, and Other Things that Happened*. New York: Simon & Schuster, 2013.
Popular Reading, PN6727.B7568H96 2013b.

Hyperbole and a Half is a collection of new and favorite autobiographical essays taken from Allie Brosh’s popular blog. These dramatic retellings span from Brosh’s childhood to present life and are accompanied by crude illustrations using MS Paint. The hilarious and insightful essays highlight some of the more important issues of our time: dogs, depression, hot sauce, anxiety, and cake. The illustrations, made by Brosh, are a perfect supplement: intentionally crude, they still manage to capture a full range of emotions and by themselves will leave readers laughing. Mixed in with the humor in the work is a refreshing honesty and – if you have ever struggled with a mental illness or even just experienced a ridiculous situation and came out on top – a sense of empowerment; readers will experience a wide array of emotions in the very short time it takes to finish this book.